

actimoClock with Colour Legend

- For some users it was a duplication of the detailed daily schedule written in the diary.
- For some users it was a very good supplementary combination with the diary.
- Interesting to see and compare how users categorised their tasks and activities.
- Gives detailed insight into the daily schedule of the users.

- Most of the users came along.
- One user would have preferred to have smaller time slots (< 1 hour).
- Self-reflecting task for users about spending their time: "Well, during summer I never left her before 9pm. [...] Because then it was bright as day until 9:30pm or 10:00pm. [...] And now, now I am already at home around 7pm or 8pm. [...] Yes and in the past I went outside in between and then went back in. Now you cannot sit outside."

- Items of the cultural probe kit of the TOPIC project
- Feedback of the users
- Feedback of the researchers

Picture Cards

- Didn't work as it was planned.
- Obviously not the right way to confront users with care situations.
- But during final interviews they acted as a hook.

- Didn't work well because there were no connection to the user:
"I was not doing it because I didn't have any connotation to it."
"It says nothing. The first picture tells something but the others are not relevant."

- Worked well for the users.
- Used them not only for the actimoClock but also for the diary.
- Some created new emoticons like "I am tensed up" or "I am stressed".

- Intended to be used for the actimoClock: Able to extract tasks with negative and/or positive feelings.
- But users also used it in the diary: Written words were strengthened, feelings could be communicated easier.

Emoticons

actimoClock and Colour Legend

- Clock with 24 hours.
- Illustration of activities and duration on a daily base.
- Tasks/activities with different colours chosen by users and defined in colour legend.

Polaroid Camera

- Delivered with two photographic films.
- Could be used to take photos of important, special, nice, burdensome, etc. situations.
- Could be added to the diary.

Diary

- Notepad (size A5).
- Suggested to be written on a daily basis:
What was their day like?
Which tasks did they carry out?
Which problems did they have to deal with?
With whom did they have contact? ...

Social Map

- Could be filled out at the end of the 14-days-period.
- Shows how many contacts to which persons the users have and how frequently the contact is.

Emoticons

- Sticker with smileys showing different emotions.
- Could be added to actimoClock to show mood or mood change of the users.
- Blank stickers to offer possibility to create own emoticons.

Picture Cards

- 14 pieces
- Show various situations in a care context.
- User can write about their thoughts and feelings when looking at them.

Polaroid Camera

- Self-identification of important situations or things for the user. We needed more time to talk about.

- Worked well for the users.
- Liked it to have the photos immediately developed.
- Some even wanted to keep these photos.

Diary

- Well accepted by most of the users.
- Some loved it: "It was for me a little bit like writing it off my chest. It was like a therapy."
- Some found it time-consuming: "My husband said that I am spending a lot of time on the diary."
- Some found it hard to write things down: "Yes, I did not write that much in it. During the Christmas holidays I am more stressed then when the child is not here."

- Rich material: How many tasks during a day, which activities/situations causes the most stress, feelings/problems/burdens they have to handle ...
- Additional information that was not discussed during interviews or informal talks.
- Things could be addressed while roughly going through the diaries.
- Pros: User can decide about time, place and duration while using the diary; free of any observation and therefore of any bias related to researcher; user were able to stand back from situation and reflect on it.

Social Map

- Added new information only in rare cases.
- Information about social environment was already discussed in interviews or informal talks.

- Despite an introduction, it was not clear for every user. It wasn't filled in or in a wrong way.
- Self-reflecting functionality: Some users were surprised about how less but others about how many contacts they have.